

IRONBRIDGE WEEKEND REGATTAS

SATURDAY 29th & 30th JUNE 2019

Emergency Instructions for Crews and Officials

In an Emergency:

- Inform Control and the Co-ordinating Umpire immediately, giving the following details
 - Nature of the incident
 - Where on the course
 - If safety boat/First Aid required
 - Race details, who is involved
- Stop all racing; Crews must follow instructions given by Umpires for their own safety and that of their fellow competitors. Failure to do so may result in disqualification.
- The Co-ordinating Umpire is to take charge of the incident in conjunction with the Regatta Safety Adviser.
- Co-ordinating Umpire will notify the appropriate services, i.e. Safety Boat, First Aid, etc.
- Capsized crews should stay with their boat. Crew Captains should take charge until the Safety Boat arrives.
- All involved in the incident must be checked by a qualified First Aider (**Roach Medical**)
- Racing will only recommence when the Co-ordinating Umpire/Regatta Safety Adviser are satisfied it is safe to do so.
- To aid managing the incident, no one should use the radio unless requested by the Co-ordinating Umpire/Regatta Safety Adviser.
- Race commentary will be suspended unless it is required to help the emergency
- To clear the radio lines for emergency communications radio users will use the call 'PAN PAN'. Upon hearing this call, all users must end conversations whilst the emergency messages are communicated to Control/Co-ordinating Umpire.

In the event of a thunderstorm:

- There may be temporary suspension of racing; the Race Committee and Safety Advisor will issue instructions accordingly
- Crews must listen out carefully for and obey all instructions given by Umpires and race officials.

General:

- If there is a medical emergency on site during the day-time / Saturday night, the **Roach Medical** team will be located at the rear of the refreshment marquee on the car park.
- The Event Safety Adviser is supported by a team of Qualified RYA2 launch drivers and first aiders from Ironbridge RC, Bridgnorth RC and Pengwern BC to ensure that knowledgeable and informed safety cover is in place throughout the two days of racing.

The Regatta Committee endeavour to provide a safe environment in accordance with **British Rowing's 'Row Safe'**, although competitors, coaches and clubs are specifically reminded that every person attending the regatta, including those competing, or officiating, do so entirely at their own risk and are solely responsible for:

- Their own safety;
- Ensuring that their equipment is safe and prepared to the standards required by **British Rowing's 'Row Safe'** and **BR Rules of Racing**. Any boats found failing to meet the standards shall be excluded;
- The strict observance of circulation pattern and **British Rowing's 'Row Safe'**;
- Competing crews determining together with their clubs, coaches, whether they are competent to compete in the prevailing weather and stream conditions, and;
- Ensuring 'a responsible adult' accompanies each junior competing in the regatta to assist them in 'loco parentis' with their responsibilities and assume responsibility for their welfare.
- In the interest of safety, any competitor that falls into the river, under any circumstances, will not be allowed to race again until BR's capsize procedure has been followed (showering, dry kit has been obtained) and the First Aid representative (**Roach Medical**) has authorised it.